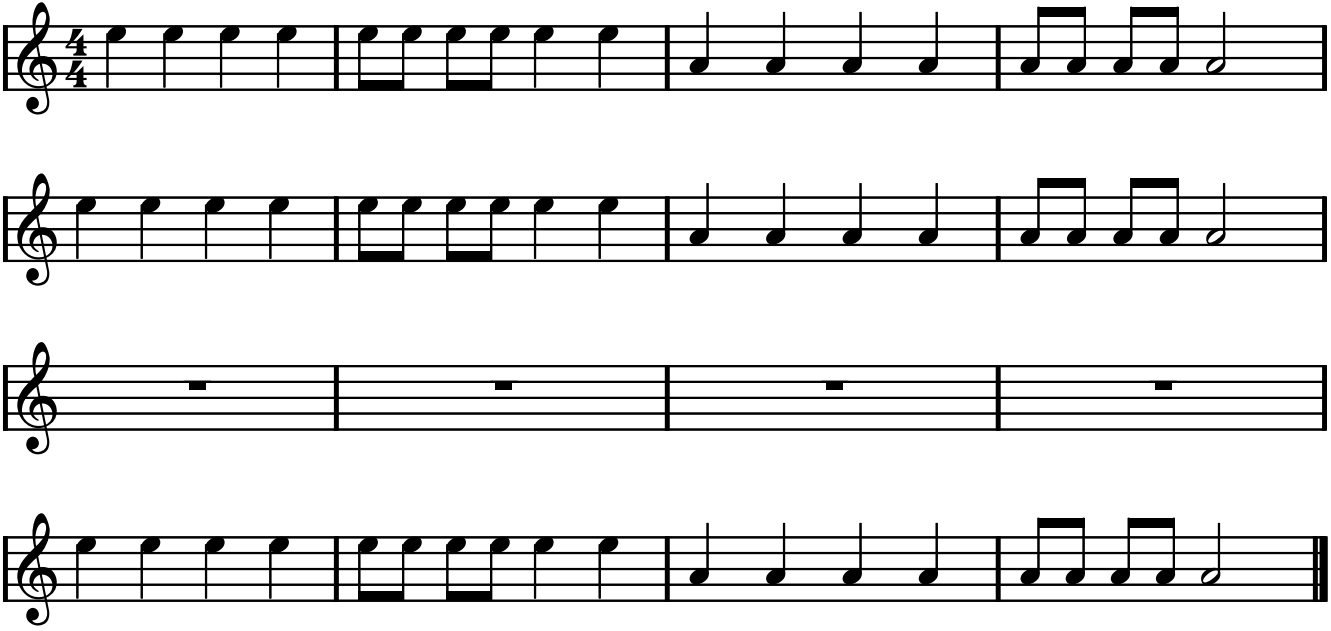Alegre